5K WALK/RUN

Wednesday, March 22, 2017

6:00 pm

Woolls Intermediate School, 2802 Avenue Q, Hondo, TX 78861

Race begins and ends at Woolls Intermediate (south side of campus by cafeteria).

Health fair will be held in conjunction with the walk/run (5:00 – 7:00 p.m.)

Registration Fees

Individual: $20

Team of 6: $100

Register by March 10, 2017, to guarantee a shirt.

Late Registration/Race Day Registration will be available but there will be a limited number of shirts available. Registration forms may be accessed at www.hondoisd.net, under District News. Return completed forms and fees to Gabe Cortez or Debbie San Miguel at Meyer Elementary School, 2502 Avenue U, Hondo, TX 78861.

Check one below:

_____ Individual

_____ Team (complete information below)

Name _____ Phone _____

Address _____ Email _____

Shirt Size: YS YM YL AS AM AL AXL AXXL AXXXL

I know that running a road race is a potentially, hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained. By signing below, I certify that I am medically able to perform this event, am in good health, and am properly trained. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather (including high heat/and or humidity), traffic, and the conditions of the road – all such risks being known and accepted by me. I understand that bicycles, skateboards, roller skates or rollerblades are not allowed in the race, and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Hondo ISD and all sponsors, their representatives, and successors from all claims of liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence and carelessness on the part of the persons named in this waiver.

Signature _____ Date _____

Signature of Parent

If under 18 _____ Date _____

TEAM NAME _____

Print Name	Signature	M or F	Age	T-Shirt Size	Phone Number